



State Insurance Regulatory COVID-19 Updates

* In recent weeks, state insurance regulators have been issuing emergency regulations, guidance documents, and press releases to assist regulated entities regarding the provision of insurance-related services during the novel coronavirus (COVID-19) outbreak. The recent updates denoted below in red include:

- <u>Alaska</u> issued a Bulletin revising prior guidance for insurers on coverage for services related to COVID-19 diagnosis and testing.
- <u>California</u> issued a Press Release urging uninsured residents to purchase coverage during the Special Enrollment Period.
- <u>Colorado</u> issued an Emergency Regulation establishing a Special Enrollment Period for uninsured residents to purchase coverage.
- Georgia issued a Directive instructing property and casualty insurers not to cancel any commercial policies for non-payment, particularly those dealing with business interruption or business income coverage, for the next 60 days, among other things.
- <u>Iowa</u> issued a Bulletin instructing health insurers and HMOs to allow a grace period for any Iowa individual or small employer health benefit plan in accordance with certain requirements (e.g., put procedures in place to request extensions for premium payments, allow any individual or small group policyholder at least 60 days after a premium payment is due before terminating coverage, etc.).
- Maryland issued a Bulletin encouraging insurers to make reasonable accommodations so that individuals/businesses do not lose coverage due to non-payment of premiums and a Bulletin providing guidance with respect to coverage under travel insurance policies.
- Michigan issued a Bulletin providing guidance to insurers regarding managing corporate governance issues and filing deadlines.
- Minnesota issued a Consumer Alert providing guidance to insurers regarding managing corporate governance issues and business interruption coverage.
- Nevada issued a set of Frequently Asked Questions providing guidance with respect to coverage under travel insurance policies.
- New Hampshire issued a set of Frequently Asked Questions providing guidance regarding insureds who recently lost employer-sponsored insurance.
- New Jersey issued a Bulletin encouraging insurers and producers to take into consideration the difficulties residents have endured by suggesting that such entities relax due dates for premium payments, extend grace periods, waive late fees, etc.
- New York issued an Executive Order and corresponding Press Release mandating that businesses that rely on in-office personnel to decrease their office workforce by 75%, exempting essential services industries, including insurance and a Circular Letter offering guidance on how best to support consumers during this time (e.g., offering payment accommodations).
- Ohio issued a trio of Bulletins, including one that directs insurers to comply with several requirements during the state of emergency, including giving their insureds the option of deferring premium payments coming due, interest free, for up to 60 calendar days from each original premium due date.
- Pennsylvania issued several notices, including one encouraging the entities and individuals it regulates consider several actions, including relaxing due dates for premiums payments, extending grace periods, waiving late fees and penalties, and allowing payment plans for premiums payments to otherwise avoid a lapse in coverage.



- <u>Wisconsin</u> issued a Bulletin encouraging insurers to offer flexibility to insureds who are incurring economic hardship, including offering non-cancellation periods, deferred premium payments, premium holidays and acceleration or waiver of underwriting requirements.
- * Many of the states have issued bulletins that contain the following information:
 - Information Access. Asks insurers to inform insureds of available benefits, quickly respond to insured inquiries, and consider revisions needed to streamline response and benefits for insureds.
 - Testing. Requests/requires insurers to waive cost-sharing for (1) COVID-19 testing and (2) in-network provider office visits, urgent care center visits, and emergency room visits.
 - Telehealth Delivery of Services. Reminds insurers to ensure their telehealth programs are robust and will be able to meet increased demand.
 - Network Adequacy and Access to Out-of-Network Services. Requests insurers to verify their provider networks are adequate to handle a potential increase in
 the need for health care services and requests insurers that do not have a provider in their networks with the appropriate training/experience to meet the health
 care needs of insureds make exceptions to provide access to an out-of-network provider at the in-network cost-sharing level.
 - Immunizations. In the event an immunization becomes available, requests that insurers immediately cover the immunization at no-cost sharing.
 - Access to Prescription Drugs. Asks insurers to make expedited formulary exceptions in certain circumstances and requests that insurers allow insureds to fill and refill prescription medications for up to a 90-day supply/until the prescription expires.

Not every state has followed this model and some states deviate in important respects (e.g., by specifically addressing surprise billing, ambulance services, etc.). The below survey details the available state resources, the date on which the resources were issued, and a brief summary offering a general overview of the guidance offered. In particular, it focuses on cost-sharing waivers, telehealth services, treatment of out-of-network providers offering in-network services, etc.

* We envision this as an evergreen document that we will aim to update <u>daily</u>. If you operate in a state and notice that we have not included the most up-to-date guidance, please let us know.



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State	State Resources	Date Issued	Summary
Alabama	Consumer Notice	03/18/2020	<u>Assures</u> consumers that ALDOI is closely monitoring insurance issues related to COVID-19.
	<u>FAQs</u>	03/17/2020	Provides guidance with respect to coverage under travel insurance policies.
	Bulletin 2020-02 Press Release	03/13/2020	Masks insurers to: Waive any cost-sharing for COVID-19 laboratory tests and the cost-sharing for an innetwork provider office visit, in-network urgent care center visit, or an emergency room visit when testing for COVID-19. Review and ensure their telehealth programs with participating provider are ready to meet any increased demand. If an insurer does not have a provider in its network with the appropriate training and experience to meet the particular health needs of an insured, make exceptions to provide access to an out-of-network provider at the in-network cost-sharing. In the event an immunization becomes available, immediately cover the immunization with no cost-sharing for all covered members. Make expedited formulary exceptions.
Alaska	<u>B20-09</u>	03/19/2020	 <u>Clarifies</u> that respiratory panel tests are no longer subject to the zero cost-sharing requirement. <u>Explains</u> that under IRS Notice 2020-15, health plans that otherwise qualify as High Deductible Health Plans will not lose that status merely because they cover the cost of testing for treatment of COVID-19 before plan deductibles have been met. <u>Notes</u> that under the newly-enacted federal law, insurers offering group or individual coverage are prohibited from imposing prior authorization or other medical management techniques for COVID-19 testing products, items, and services.
	Regulatory Order No. R20.02	03/18/2020	Extends filing timeframes for required for external healthcare reviews.
	<u>B20-08</u>	03/18/2020	 Prohibits insurers from terminating insurance contracts due to non-payment. Encourages insurers to work with policyholders in the collection of premiums and to waive all late fees.



State	State Resources	Date Issued	Summary
			Expects that any problems with premium payment during the extended period would be resolved by the insurer without a consumer complaint being filed.
	<u>B20-07</u>	03/17/2020	Provides guidance with respect to coverage of telehealth services.
	<u>B20-06</u>	03/16/2020	Extends filing timeframes for rate, form, and advertisement filings.
	FAQs	03/16/2020	Provides guidance with respect to coverage under travel insurance policies.
	<u>B20-03</u>	03/03/2020	Expects insurers to: Provide for early refills or replacements of lost or damaged medications and expects this flexibility to continue while the potential for quarantine is high. Allow affected consumers to obtain emergency supplies or refills without applying additional authorization requirements.
Arizona	Press Release	03/13/2020	Provides guidance with respect to coverage under travel insurance policies.
	Executive Order 2020-07 Press Release	03/11/2020	Requires all insurers regulated by the state to: Cover COVID-19 diagnostic testing from all qualified laboratories without regard to whether the laboratory is in-network. Waive all cost-sharing requirements for consumers related to COVID-19 diagnostic testing. Cover telemedicine visits at a lower cost-sharing point for consumers than the same inoffice service to encourage utilization of telemedicine for the duration of the state's public health emergency.
Arkansas	Executive Order 20- 05	03/13/2020	Provides guidance with respect to coverage of telehealth services.



State	State Resources	Date Issued	Summary
California	Press Release	03/20/2020	• <u>Urges</u> uninsured residents and those that have lost their coverage to purchase coverage through Covered California—or though other health plans/insurers offering coverage outside the exchange—during a Special Enrollment Period.
	<u>Notice</u>	03/18/2020	 Encourages all insurers and other licensees to take steps to maintain their ability to process and pay insurance claims and provide other required consumer services for insureds in a "reasonable and timely manner." Notes that the Department of Insurance intends to "consider the extraordinary circumstances relating to the COVID-19 outbreak and the resulting disruptions to normal business operations when evaluating whether insurers and other Department licensees have complied with their respective legal and commercial obligations during the COVID-19 pandemic."
	Notice Press Release	03/18/2020	 <u>Requests</u> that all insurers provide their policyholders with at least a 60-day grace period to pay insurance premiums. <u>Requests</u> that no policies are cancelled for nonpayment of premium due to COVID-19.
	Press Release	03/18/2020	<u>Directs</u> health insurers to submit emergency plans detailing how they will ensure continued access to medically necessary health care services for the duration of the declared COVID-19 state of emergency.
	Bulletin Press Release Screening Letter	03/05/2020	 <u>Directs</u> insurers providing <u>commercial health insurance</u> to immediately reduce cost-sharing (i.e., co-pays, deductibles, and coinsurance) to zero for medically necessary screening and testing of COVID-19 and associated hospital, emergency department, urgent care, and provider office visits where the purpose of the visit is to be screened and/or tested for COVID-19. <u>Reminds</u> plans that California law requires emergency care without prior authorization (whether it is at an in-network or out-of-network hospital) <u>and</u> that "balance bills" related to the testing of COVID-19 are unlawful.
Colorado	Emergency Regulation 20-E-02 Press Release	03/19/2020	• Establishes a Special Enrollment Period for uninsured residents to get coverage from March 20, 2020 through April 3, 2020.



State	State Resources	Date Issued	Summary
	Emergency Regulation	03/17/2020	 Establishes the coverage and cost-sharing requirements for commercial insurers related to claims arising from the testing and treatment of COVID-19. Requires insurers to provide coverage for COVID-19-related in-network telehealth services with no cost-share for the covered person. Requires insurers to cover at least one additional early refill of all necessary prescriptions to ensure that the covered person has access to necessary medications. Directs insurers to cover cost-sharing for an in-network provider office visit, an in-network urgent care center visit, and an emergency room visit when a covered person is seeking testing for COVID-19.
	Bulletin B-4.104 Consumer Advisory	03/09/2020	Directs insurers to: Provide telehealth services to cover COVID-19 related in-network telehealth services at no cost share (including co-pays, deductibles, and coinsurance that would normally apply to the telehealth visit). Cover an additional one-time early refill of any necessary prescriptions to ensure people have their necessary medications should they want to limit their close contact with others. Ensure that coverage is provided for COVID-19 testing without the requirement that consumers pay co-pays, deductibles, or co-insurance.
Connecticut	<u>Notice</u>	03/19/2020	Provides guidance to insurers regarding managing corporate governance issues and business interruption coverage.
	Bulletin IC-39	03/09/2020	Encourages insurers/health care centers to: Waive any cost-sharing related to COVID-19 laboratory tests. Waive any cost-sharing related to an in-network provider office visit, urgent care visit, or emergency room visit when the purpose of such a visit is to be tested for COVID-19. Offer/waive cost-sharing for medical advice and treatment of COVID-19 via telehealth services. If in-network availability is unreasonable with regards to time and distance, permit enrollees, certificate holders, and insureds to obtain testing and treatment for COVID-19 out-of-network and provide coverage for such testing and treatment the same as on an in-network basis.



State	State Resources	Date Issued	Summary
			 Authorize payment to pharmacies for a 90-day supply of maintenance prescription medications for individuals. Extend time limits for providers, enrollees, certificate holders, and insureds to submit claims for the testing or treatment of COVID-19.
	Press Release	03/10/2020	Announces that Connecticut regulators are working with insurers to cover COVID-19 testing and to assure access to maintenance prescription drug medications.
	Press Release Notice	03/11/2020	Instructs travel insurers to accommodate travel cancellation requests under the terms of travel insurance policies "taking into account the seriousness of the circumstances."
Delaware	Bulletin No. 115 Press Release	03/09/2020	 Reminds insurers that COVID-19 laboratory tests are an essential health benefit that must be covered under individual and small group comprehensive health insurance policies and contracts. Directs insurers to ensure that their telehealth and telemedicine programs are robust enough to meet a potential new high demand. Expects insurers to provide for early refills or replacements of lost or damaged medications and expects this flexibility to continue when the potential for quarantine is high. Reminds insurers that the Delaware Patient Bill of Rights contains prohibitions against balance billing. Encourages insurers to ensure that out-of-pocket costs are not a barrier to people seeking testing for and treatment of COVID-19 by covering diagnostic testing and waiving patient cost sharing (i.e., deductibles, co-pays, and coinsurance), including for in-person and telemedicine visits.
D.C.			
Florida	CFO Statement on Travel Insurance CFO Letter to Travel Insurance Agents and Insurers	03/16/2020	Provides guidance with respect to coverage under travel insurance policies.
	<u>OIR-20-03M</u>	03/16/2020	<u>Directs</u> companies regulated by the Office of Insurance Regulation (OIR) to review and update their Business Continuity Plans and/or Continuity of Operation Plans.



State	State Resources	Date Issued	Summary
			Requires insurers or other entities that activate their Business Continuity and/or Continuity of Operations Plan in response to COVID-19 to notify OIR within the same day.
	OIR-20-01M Executive Order 20- 51	03/06/2020	 <u>Directs</u> insurers to consider all practicable options to reduce the barriers of cost-sharing for testing and treatment of COVID-19 during the public health emergency. <u>Reminds</u> insurers of the state's balance billing protections (i.e., emergency services for an emergency medical condition must be covered at the in-network level regardless of which provider performs the services, etc.).
	OIR Informational Memorandum 20- 02M	03/10/2020	Reminds all insurers, HMOs, and other health entities comply with Florida laws which allow for early prescription refills in the event of a state of emergency.
Georgia	Directive 20-EX-5 Press Release	03/20/2020	 <u>Instructs</u> property and casualty insurers not to cancel any commercial policies for non-payment, particularly those dealing with business interruption or business income coverage, for the next 60 days. <u>Calls</u> on health insurers to refrain from cancelling policies for non-payment until further notice.
	Directive 20-EX-4 Press Release	03/17/2020	 <u>Asks</u> labs providing COVID-19 testing to be mindful of what they charge and requests that insurers reimburse those labs at an in-network rate. <u>Notes</u> that the Insurance Services Office has uploaded two forms with respect to Business Interruption Coverage that relates to COVID-19 <u>and</u> that the Office is willing to expedite the review process for such coverages to enable brokers/insurers to offer such coverage to businesses immediately.
	Directive 20-EX-3 Press Release	03/09/2020	Asks insurers to take the following immediate measures related to the potential impact of COVID-19: Consider options to reduce potential barriers of cost-sharing for testing and treatment of COVID-19 during the outbreak/waive any cost-sharing for COVID-19 laboratory tests. Waive cost-sharing for an in-network provider office visit, an in-network urgent care center visit, and an emergency room visit when testing for COVID-19. Ensure that their telehealth programs will be able to meet increased demand.



State	State Resources	Date Issued	Summary
			 In the event a vaccine becomes available, cover the immunization with no cost-sharing for all covered members. Make expedited formulary exceptions.
Hawaii	Commissioner's Memorandum 2020-1	03/18/2020	Extends filing timeframes for rate, form, and advertisement filings.
	Consumer Alert	03/12/2020	 Warns consumers against price gouging and scams. Provides guidance with respect to coverage under travel insurance policies.
Idaho	Press Release	03/09/2020	 Notes that insurers are voluntarily waiving cost-sharing for COVID-19 testing. Requests that, if a case ends up out-of-network, providers refrain from balance billing.
Illinois	Company Bulletin 2020-02	03/02/2020	 Notes that the CDC and the Illinois Department of Public Health have agreed to bear the cost of the lab test for the presence of COVID-19 (however, clarifies that it is possible that hospitals will still charge their own fees for collecting the specimens). Reminds insurers of the state's balance billing provisions (i.e., requires insurers to impose no greater cost-sharing on an enrollee than their coverage provides at the in-network level when the enrollee receives care from certain specialists at participating network hospitals or ambulatory surgical centers, even if the specialists themselves are not participating providers; requires coverage of emergency services for an emergency medical condition at the in-network level regardless of which provider performs the services). Encourages insurers to consider all feasible and prudent options to reduce the barriers of cost-sharing for testing and treatment of COVID-19 during the outbreak. Encourages insurers to cover enrollees for prescription drug refills even when the enrollee has not yet reached their scheduled refill date, provided the prescription itself would remain valid beyond the refill date. Requires travel insurance—absent an applicable exception—to presumptively cover such risks related to COVID-19.
Indiana	<u>FAQs</u>	03/17/2020	Notes that most of the major insurers have committed to waive cost-sharing for COVID-19 testing.



State	State Resources	Date Issued	Summary
Iowa	Bulletin 20-04	03/19/2020	 Requests that all health insurers and HMOs: Allow a premium payment grace period for insureds Put in place procedures allowing individual and small employer policyholders affected by the economic disruptions resulting from CO VID-19 to request extensions for premium payments beyond the insurers' normal payment due dates. Notes that for those policies with an automatic bank draft or electronic funds transfer arrangement, health insurers and HMOs may continue payment deductions unless or until the policyholder terminates this arrangement with the insurer and financial institution.
	Bulletin 20-03	03/17/2020	Requests that while insurers implement business contingency plans that they reach out to the Department for any assistance needed.
	FAQs	03/13/2020	 Notes that four of the major health insurance carriers have committed to waive cost-sharing and copayments for COVID-19 testing. Provides guidance with respect to coverage under travel insurance policies.
Kansas	FAQs	03/18/2020	 Notes that it is unlikely that Business Interruption Coverage would cover losses related to COVID-19, as most business policies have a communicable disease exclusion. Notes that the Department will not be suspending any license requirements at this time. Provides consumers with guidance related to coverage of COVID-19-related services.
	Bulletin 2020-01 Press Release	03/17/2020	 Announces alternative working arrangements, potential delays in processing license applications and approving company filings, and suspension of certain regulatory requirements. Does not suspend statutes that require insurers to pay claims promptly.
	Press Release	03/13/2020	Notes that all major medical insurance carriers have committed to waiving the cost sharing for COVID-19 testing and that the state will not mandate waiving costs.
Kentucky	Press Release	03/16/2020	<u>Announces</u> that the Department of Insurance will be extending the time requirements for completion and submission of continuing education hours for March and April licensees.



State	State Resources	Date Issued	Summary
	Executive Order 2020-220	03/09/2020	Requires insurers to: Waive all cost-sharing (i.e., copayments, coinsurance, and deductibles) for screening and testing for COVID-19, including hospital, emergency department, urgent care, provider office visits, lab testing, telehealth, and any immunizations that are made available. When prescription drug coverage exists, allow insured individuals to obtain refills of their prescriptions even if the prescription was recently filled, consistent with approval from patients' health care providers and/or pharmacists.
Louisiana	Emergency Rule 36	03/17/2020	 Requires all health insurers to waive all cost-sharing associated with testing and treatment of COVID-19. Requires all health insurers to waive any prior authorization requirements or restrictions for screening and diagnostic testing for COVID-19. Directs health insurers to verify that their provider networks are adequate to handle the potential increase and need for healthcare services for COVID-19.
Maine	Bulletin 442 Consumer Guide to Insurance Provisions and Resources in Maine	03/12/2020	 <u>Directs</u> insures to make all screening and testing services available with no deductible, copayment, or other cost sharing of any kind. <u>Clarifies</u> that the only situation in which insurers will be permitted to impose out-of-network charges is when the enrollee was offered the service in-network without additional delay but chose instead to visit an out-of-network provider or be tested by an out-of-network laboratory. If/when an immunization becomes available, <u>requires</u> insurers to immediately cover the cost of the vaccine and all associated costs of administration without cost-sharing. <u>Reminds</u> insurers of Maine's balance billing protections (i.e., requires coverage of emergency services with network-level cost-sharing regardless of the status of the emergency provider). <u>Requires</u> carriers to allow enrollees to obtain one-time refills of their prescription medications before the scheduled refill date. <u>Provides</u> guidance with respect to coverage under travel insurance policies.
Maryland	Bulletin 20-10	03/20/2020	Encourages all insurers to make reasonable accommodations so that individuals and businesses do not lose coverage due to non-payment of premiums during the COVID-19 state of emergency.



State	State Resources	Date Issued	Summary
			<u>Provides</u> that reasonable accommodations may include suspension of premiums due, extension of billing due dates and premium grace periods, and waiver of installment and late payment fees.
	Bulletin 20-09	03/20/2020	Provides guidance with respect to coverage under travel insurance policies.
	FAQs	03/19/2020	Provides an overview of the impact COVID-19 will have on product licensing capabilities.
	Advisory	03/18/2020	Offers an overview of Business Interruption Coverage.
	Press Release	03/16/2020	Notes that the department is primarily focused on protecting costumers from unfair treatment by insurers during the COVID-19 pandemic.
	Bulletin 20-07	03/13/2020	Notes that the CMS has developed a HCPCS code that can be used by laboratories to bill for certain COVID-19 tests.
	Press Release	03/12/2020	Offers an overview of IRS guidance governing the waiving of cost-sharing arrangements by high-deductible health plans in response to COVID-19.
	Bulletin 20-06 Emergency Regulation 31.01.02 FAQs	03/10/2020	 Requires insurers to waive any cost-sharing (i.e., co-payments, coinsurance, and deductibles): For any visit to diagnose or test for COVID-19 regardless of the setting of the testing. For laboratory fees to diagnose or test for COVID-19. For vaccination for COVID-19, when a vaccine becomes available. Requires insurers to evaluate requests to use an out of network provider to perform diagnostic testing of COVID-19 solely on the basis of whether the use of the out-of-network provider is medically necessary or appropriate. Requires insurers to consider an adverse decision on a request for coverage of diagnostic services for COVID-19 an emergency case for which an expedited grievance procedure is required under Maryland law.



State	State Resources	Date Issued	Summary
Massachusetts	Bulletin 2020-04 Press Release	03/16/2020	Provides guidance with respect to coverage of telehealth services.
	Bulletin 2020-03	03/12/2020	Notes that for a limited-time there is a Special Enrollment Period for qualified individuals who are currently without insurance to enroll in health coverage.
	Press Release	03/11/2020	Provides guidance with respect to coverage under travel insurance policies.
	Bulletin 2020-02	03/06/2020	Expects insurers to: Promote telehealth options, including removal of applicable cost-sharing for such services; enabling covered members to seek screening, evaluation, diagnosis, and/or treatment for COVID-19 to reduce the need for patients to come to medical offices. Relax out-of-network requirements and procedures when access to urgent testing or treatment is unavailable from in-network providers. Forego any cost-sharing (i.e., copayments, deductibles, or coinsurance) for medically necessary COVID-19 testing, counseling, vaccinations, and treatment at in-network doctors' offices, urgent care centers, or emergency rooms and out-of-network doctors' offices, urgent care centers, or emergency rooms when access to urgent testing or treatment is unavailable from in-network providers.
Michigan	Bulletin 2020-08- INS	03/20/2020	Provides guidance to insurers regarding managing corporate governance issues and filing deadlines.
	Survey Request	03/19/2020	Requests feedback on responses to COVID-19 from all Michigan consumer finance licensees and registrants by March 20, 2020.
	Press Release	03/12/2020	 Announces expanded access to telemedicine by immediately allowing Medicaid beneficiaries to receive services in their home to combat COVID-19. Notes that the major insurers in the state will cover the use of virtual care/telemedicine and waive cost-sharing for COVID-19 testing.



State	State Resources	Date Issued	Summary
Minnesota	Consumer Alert	03/19/2020	<u>Provides</u> guidance to insurers regarding managing corporate governance issues and business interruption coverage.
	<u>Letter</u>	03/13/2020	 Requests that health carriers eliminate all cost-sharing for COVID-19 testing, including costs associated with an office visit or urgent care visit to be tested. Strongly encourages health plans to limit or eliminate cost sharing for all forms of treatment for COVID-19 for in-network providers. Asks that should in-network providers be unavailable to provide services that health carriers make allowances for out of network care. Requests that health carriers should take any necessary steps to expand the availability of telemedicine services for their enrollees. Request that health carriers provide a one-time refill of covered prescription medications prior to the expiration of the waiting period between refills.
	Press Release	03/13/2020	Provides guidance with respect to coverage under travel insurance policies.
Mississippi	Bulletin 2020-01	03/16/2020	 <u>Directs</u> insurers to adopt procedures that will encourage their policyholders to use telemedicine for non-emergency medical care. <u>Notes</u> that insurers should be aware that physician licensing requirements for telemedicine have been waived by the Board of Medical Licensures
	FAQs	03/09/2020	 Notes that the major insurers in the state are waiving the cost of medically-necessary COVID-19 testing when ordered by a licensed, authorized health care provider. Provides guidance with respect to coverage under travel insurance policies.
Missouri	Bulletin 20-04	03/04/2020	Provides guidance to insurers regarding managing corporate governance issues and filing deadlines.



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	Bulletin 20-03	03/03/2020	 Asks insurers providing coverage in the state to take the following immediate measures: Waive any cost-sharing for COVID-19 laboratory tests. Waive the cost-sharing for an in-network provider office visit, an in-network urgent care center visit, and an emergency room visit when testing for COVID-19. If an insurer does not have a provider in its network with the appropriate training and experience to meet the particular health care needs of an insured, make exceptions to provide access to an out-of-network provider at the in-network cost-sharing. At the time a vaccine becomes available, immediately cover the immunization at no cost-sharing for all covered members. Where appropriate, make expedited formulary exceptions.
Montana	Press Release Press Release	03/18/2020	 <u>Reminds</u> consumers of year-round options for immediate health coverage. <u>Notes</u> that insurance companies voluntarily assisting in virus response.
	Press Release	03/11/2020	Notes that the four major insurers in the state are voluntarily waiving customer costs (e.g., copays and deductibles) for COVID-19 testing.
Nebraska	Notice	03/19/2020	Notes that the Department will not take an enforcement action against an insurer if they amend their catastrophic policies to provide pre-deductible coverage for services associated with the diagnosis and/or treatment of COVID-19.
	Consumer Alert	03/13/2020	Provides guidance with respect to coverage under travel insurance policies.
	Consumer Alert	03/11/2020	Offers updates from insurers operating in the state regarding their policies addressing COVID- 19.
Nevada	FAQs	03/20/2020	Provides guidance with respect to coverage under travel insurance policies.



State	State Resources	Date Issued	Summary
	Emergency Regulation Press Release Consumer Alert Press Release FAQs	03/05/2020	 Prohibits insurers from: Imposing an out-of-pocket cost for a provider office, urgent care center, or emergency room visit when the purpose of the visit is to be tested for COVID-19. Imposing an out-of-pocket cost for COVID-19 testing. Requires insurers to cover the costs of a COVID-19 immunization as one becomes available. Requires insurers to provide coverage for off-formulary prescription drugs if there is not a formulary drug available.
New Hampshire	<u>FAQs</u>	03/19/2020	Provides guidance regarding insureds who recently lost employer-sponsored health insurance.
	<u>FAQs</u>	03/17/2020	Provides guidance to insurers regarding managing corporate governance issues and business interruption coverage.
	Press Release FAQs	03/10/2020	 Requires insurers to provide coverage, prior to application of any deductible and without cost-sharing, for the initial provider visit and test for their members who meet the CDC criteria for testing, as determined by the provider. Reminds insurers that they may not deny coverage, including mental health services provided to a quarantined individual, simply because it was provided through telemedicine. Directs insurers to take steps to ensure that members have continuous access to prescription medication by allowing one-time refills of covered prescriptions prior to the expiration of the waiting period between refills.
New Jersey	Bulletin No. 20-04	03/19/2020	 Encourages insurers and insurance producers to take into consideration the difficulties residents have endured. Encourages such entities to, consistent with prudent insurance practices, relax due dates for premium payments and insurance policy-based loan payments, extend grace periods, waive late fees and penalties, allow forbearance with regard to the cancellation/non-renewal of policies, allow payment plans for premium payments, extend timeframes to complete property and automobile inspections or undergo medical exams, and exercise judicious efforts to assist affected policyholders.



State	State Resources	Date Issued	Summary
	Bulletin No. 20-03	03/10/2020	 Advises insurers to: Refrain from imposing cost-sharing for any emergency room visit at an in-network or out-of-network hospital, any in-network office visit, or any in-network urgent care center visit when the purpose of the visit is to be tested for COVID-19. Waive any cost-sharing for medically necessary COVID-19 laboratory tests provided by in-network or out-of-network laboratories. Requires insurers to develop robust telehealth programs with their participating providers. If a vaccine becomes available, encourages insurers to cover the cost of immunization at no cost-sharing. Encourages insurers to provide coverage for prescription drugs to treat COVID-19 at a preferred level of cost-sharing to ensure that all available medically necessary drugs are available. Reminds insurers of the state's balance billing protections (e.g., coverage for emergency services in hospital facilities is required at the in-network cost-sharing level even if the hospital is out-of-network or overseas).
New Mexico	Bulletin 2020-005	03/17/2020	Provides guidance with respect to coverage of telehealth services.
	Press Release	03/13/2020	 <u>Prohibits</u> insurers from imposing cost-sharing (e.g., copays, coinsurance and deductibles) for testing and health care services related to COVID-19, including coverage of pneumonia, influenza, or any disease or condition that is the subject of a public health emergency. <u>Requires</u> limited benefit plans to provide notice to their members that their plans do not provide comprehensive medical coverage and to give members information on where they should go to check on their eligibility to apply for and obtain such coverage. <u>Guarantees</u> free COVID-19 testing and treatment for residents of the state.
	Bulletin 2020-004	03/06/2020	 <u>Urges</u> insurers to ensure that insureds who may be in a COVID-19 waiting period of self-isolation can obtain a one-time refill of their covered prescription medications prior to expiration of the normal refill waiting period. <u>Encourages</u> insurers to "implement solutions so that out-of-pocket costs are not a barrier to people seeking testing for, and treatment of, COVID-19."



State	State Resources	Date Issued	Summary
New York	Insurance Circular Letter No. 7	03/19/2020	 Urges all regulated entities to alleviate the adverse impacts caused by COVID-19 on consumers and small businesses by: Offering payment accommodations, such as allowing consumers to defer payments at no cost, extending payment due dates, or waiving late or reinstatement fees, where consumers are unable to make timely payments of premium or fees due to COVID-19-related disruptions; Working with consumers to avoid cancellation of insurance policies for (a) failure to pay premiums on time, (b) discovery of acts or omissions that may have increased the hazard insured against, or (c) physical changes in the property insured subsequent to issuance or last renewal that result in the property no longer meeting the insurer's underwriting standards; and Increasing resources as necessary to accommodate increased claim submissions and increased inquiries from consumers about policy coverage benefits, etc.
	Press Release	03/19/2020	 Mandates that businesses that rely on in-office personnel to decrease their office workforce by 75%, exempting essential services industries, including insurance. Announces a new directive to mortgage servicers, providing 90-day mortgage relief to mortgage borrowers impacted by COVID-19.
	Press Release	03/17/2020	Requires insurers to waive cost-sharing (e.g., deductibles, copayments, or coinsurance) for innetwork telehealth visits regardless of if they are related to COVID-19.
	Press Release	03/16/2020	<u>Creates</u> a Special Enrollment Period available to New Yorkers during which eligible individuals will be able to enroll in insurance coverage directly through insurers between <u>March 16, 2020</u> and April 15, 2020.
	Press Release	03/13/2020	Prohibits health insurers from imposing cost-sharing on emergency room visits, in-network outpatient provider office visits, in-network urgent care center visits, in-network telehealth visits, and in-network laboratory tests when the purpose of the visit or test is to diagnose COVID-19.



State	State Resources	Date Issued	Summary
	Insurance Circular Letter No. 5	03/10/2020	Requests assurance that all regulated entities (1) have preparedness plans to address the operational risk posed by COVID-19 and (2) are identifying, monitoring, and managing the financial risk associated with COVID-19.
	Insurance Circular Letter No. 4 Travel Insurance FAQs	03/06/2020	<u>Clarifies</u> the Department of Financial Services' position on (1) Cancel for Any Reason benefits in the travel context <u>and</u> (2) potential coverage for COVID-19 under travel insurance policies.
	Insurance Circular Letter No. 3 Press Release	03/03/2020	 Advises insurers that they should waive any cost sharing for: COVID-19 laboratory tests so that cost does not serve as a barrier to access. An in-network provider office visit and an in-network urgent care center visit when testing for COVID-19. An emergency room visit when testing for COVID-19. Reminds insurers of the state's balance billing protections (e.g., if in-network providers are unable to conduct testing for COVID-19, insurers must cover testing out-of-network) and obligations related to access to prescription drugs. Directs insurers to ensure that their telehealth programs are robust and will be able to meet any increased demand. In the event an immunization becomes available for COVID-19, requires insurers to cover the immunization at no cost-sharing. Notes that that Superintendent of the Department of Financial Services will promulgate an emergency regulation to ensure that insurers do not impose cost-sharing for COVID-19.
North Carolina	Bulletin No. 20-B- 05 Press Release	03/12/2020	 Reminds insurers to ensure their telehealth programs are robust and will be able to meet any increased demand. Reminds insurers that they are not permitted to penalize an insured/subject an insured to the out-of-network benefit levels, unless contracting providers able to meet the needs of the insured are reasonably available to the insured without unreasonable delay. Requests insurers cover medically necessary diagnostic tests that are consistent with CDC guidelines related to COVID-19 at no cost to the insured. Requests that insurers make expedited formulary exceptions.



State	State Resources	Date Issued	Summary
	Bulletin No. 20-B- 04	03/10/2020	Following declaration of a state of emergency, <u>authorizes</u> extra prescriptions for requests made within 29 days of issuance of the bulletin.
North Dakota	Bulletin 2020-1 Press Release	03/11/2020	 Asks insurers to take the following immediate measures related to the potential impact of COVID-19: Waive any cost-sharing (i.e., co-pays, deductibles, and co-insurance) for CDC-recommended laboratory testing of COVID-19. Waive cost-sharing for an in-network provider office visit, urgent care center visit, or emergency room visit when testing for COVID-19 (note, permits waiving cost-sharing on a retrospective case-by-case basis upon confirmation of a COVID-19 diagnosis). Review and ensure their telehealth programs with participating providers are robust and will be able to meet any increased demand. In the event an immunization becomes available, immediately cover the immunization at no cost-sharing for all covered members. Make expedited formulary exceptions. Prevent surprise medical bills (i.e., encourages providers to use the insured's in-network laboratory facilities and requests out-of-network providers/facilities to accept the highest of the insurer's in-network reimbursement as full and final payment). Unless a travel insurance policy contains an exception applicable to COVID-19, note that a policy of travel insurance that covers the risks sickness, accident, or death incident to travel presumptively must cover such risks relating to COVID-19.
Ohio	Bulletin 2020-05	03/20/2020	• Orders and directs that "emergency medical conditions" under Ohio law include testing and treatment related to COVID-19 and must be covered without preauthorization and at the same cost-sharing level as if provided in-network.
	Bulletin 2020-04	03/20/2020	Orders and directs insurers, TPAs, PBMs, etc. to suspend pharmacy audits during this state of emergency.
	Bulletin 2020-03	03/20/2020	• <u>Directs</u> insurers to comply with several requirements during the state of emergency, including giving their insureds the option of deferring premium payments coming due, interest free, for up to 60 calendar days from each original premium due date.



State	State Resources	Date Issued	Summary
	Bulletin 2020-02 FAQs	03/11/2020	 Reminds insurers that, in certain instances, if the insurer does not have providers in its network to meet the testing/care needs associated with COVID-19, the insurer must provide access to out-of-network providers at in-network rates and emergency services must be covered at the same cost-sharing level as if provided in-network. Encourages insurers to implement early adoption of an Ohio law that would prohibit insurers from excluding coverage for a service that is otherwise covered under the plan solely because it is delivered as a telemedicine service. Requires insurers to provide access to a standard and expedited formulary exceptions process for non-formulary prescription drugs and encourages insurers to allow insureds to access prescription drug supplies beyond the typical limit even if the scheduled refill date has not yet been reached. Clarifies that unless a specific exclusion applies to COVID-19, a travel insurance policy that covers sickness, accident, disability, or death occurring during travel must cover such risks related to COVID-19.
Oklahoma	<u>LH Bulletin 2020-</u> <u>02</u>	03/17/2020	Asks insurers to take the following immediate measures related to COVID-19: Waive any cost-sharing for COVID-19 laboratory tests. Waive the cost-sharing for an in-network provider visit and an in-network urgent care center visit when testing for COVID-19. Ensure that their telehealth programs are robust and will be able to meet increased demand. Make expedited formulary exceptions.
	Press Release	03/10/2020	Affirms that the major insurers have agreed that COVID-19 tests will be covered at no cost to patients, telemedicine related to the outbreak will be covered, and no surprise billing will occur in connection with COVID-19.
	Press Release	03/10/2020	Provides guidance with respect to coverage under travel insurance policies.



State	State Resources	Date Issued	Summary
Oregon	<u>FAQs</u>	03/05/2020	 <u>Details</u> the contours of an agreement reached between the state and several insurers to waive cost-sharing payments (i.e., co-payments, co-insurance, and deductibles) for their customers who need COVID-19 testing. <u>Addresses</u> several other frequently asked questions (e.g., what if a consumer has Medicare insurance coverage, what to do about prescriptions, will insurance cover a consumer's hospital stay if admitted for COVID-19, etc.). <u>Provides</u> guidance with respect to coverage under travel insurance policies.
Pennsylvania	Notice 2020-06 Press Release	03/19/2020	Issues guidance on licensees regarding education courses and license renewals.
	Notice 2020-05	03/19/2020	• Extends filing timeframes for rate, form, and advertisement filings.
	Notice 2020-04	03/19/2020	• <u>Encourages</u> regulated entities and individuals to consider several actions, including relaxing due dates for premiums payments, extending grace periods, waiving late fees and penalties, and allowing payment plans for premiums payments to otherwise avoid a lapse in coverage.
	Press Release	03/18/2020	• Requests a Special Enrollment Period for uninsured or underinsured residents in response to COVID-19.
	Notice 2020-03	03/10/2020	 Urges insurers to waive any cost-sharing for COVID-19 laboratory tests and waive the cost-sharing for in-network provider office visits, in-network urgent care center visits, and emergency care services when testing for COVID-19. Urges insurers to assist insureds in accessing in-network or publicly-funded health services to avoid balance billing or surprise bills (where out-of-network services are provided, expects that insurers and providers will work together to avoid imposing costs on insureds). Encourages insurers to review their telehealth service provider arrangements, provide coverage costs related to telehealth services, and prepare to meet increased demand. Asks insurers to make expedited formulary exceptions. Encourages insurers to coordinate closely with the businesses they administer on behalf of employers who self-fund their health benefits to ensure consistency in access across all forms of coverage.



State	State Resources	Date Issued	Summary
	FAQs Press Release Press Release	03/09/2020	 Explains that all major medical, ACA-compliant plans should cover medically appropriate COVID-19 diagnostic testing and associated treatment. Notes that the CDC and Pennsylvania Department of Health are currently performing tests without charge for COVID-19. Reminds insurers to cover emergency services for an emergency medical condition at innetwork levels.
Rhode Island	Bulletin 2020-03	03/19/2020	Issues guidance on licensees regarding education courses and license renewals.
	Press Release	03/14/2020	 <u>Updates</u> telemedicine policies to include telephone-only services for primary care and behavioral health provider. <u>Ensures</u> testing and screening for COVID-19 can be done without prior authorization and without any cost to the patient. <u>Covers</u> prescription refills even if the prescription has yet to run out, provided that the prescription would remain valid beyond the refill date. In the event a federally-approved vaccine becomes available, <u>ensures</u> that the cost of the immunization is covered for all enrollees. <u>Announces</u> that the state is opening a Special Enrollment Period to allow residents to purchase coverage.
South Carolina	Press Release	03/12/2020	Identifies which insurers in the state are covering testing and screening services when ordered by a licensed health care provider.
South Dakota			
Tennessee	Bulletin 20-02 Press Release	03/09/2020	Requests insurers providing coverage in the state to take the following immediate measures: Waive any cost-sharing so that cost-sharing does not serve as a barrier to access. Waive the cost-sharing for an in-network provider office visit, an in-network urgent care center visit, and an emergency room visit associated with the administration of a test for COVID-19. In the event an immunization becomes available for COVID-19, immediately cover the immunization at no cost-sharing for all covered members. Make expedited formulary exceptions.



State	State Resources	Date Issued	Summary
			If an insurer does not have a provider in its network with the appropriate training and experience to meet the particular health care needs of the insured, make exceptions to provide access to an out-of-network provider at the in-network cost sharing.
Texas	Press Release	03/19/2020	Notes that the Texas Department of Insurance is coordinating with several state agencies on steps to help our state reduce the spread of COVID-19 and minimize potential regulatory burdens as insurers continue to serve their policyholders.
	Emergency Rule Press Release	03/18/2020	Provides guidance with respect to coverage of telehealth services.
	FAQs Notice	03/06/2020	 Notes that the majority of the insurers and HMOs in the state are waiving consumer costs for medically-necessary testing for COVID-19 and some are offering telemedicine at no cost. Provides guidance with respect to coverage under travel insurance policies.
	Bulletin B-0005-20 Press Release	03/11/2020	Strongly encourages insurers to waive consumer costs for testing, including: Waive copayments, coinsurance, and deductibles for COVID-19 testing that is consistent with guidance issued by the CDC. Waive consumer cost-sharing and facilitate expanded use of telemedicine. Cover necessary medical equipment, supplies, and services. Authorize payment to pharmacies for up to a 90-day supply of any prescription medication for individuals, regardless of when the prescription was filled.
Utah	Guidance Press Release	03/19/2020	 <u>Strongly</u> urges insurers to expand coverage for COVID-19, including telehealth services. <u>Provides</u> guidance with respect to coverage of telehealth services.
	Bulletin 2020-1	03/17/2020	 <u>Asks</u> insurers to review and ensure their telehealth provider network is robust and can meet the increased demand. <u>Encourages</u> insurers to allow insureds to obtain one-time refills of prescription medication before a scheduled refill date. <u>Requests</u> that insurers accept out-of-network providers and facilities and hold harmless insureds who receive surprise bills for health care services related to testing and treatment of COVID-19.



State	State Resources	Date Issued	Summary
	FAQs	03/11/2020	<u>Clarifies</u> which insurers in the state are covering needed diagnostic testing when ordered by a physician.
Vermont	<u>Memo</u>	03/19/2020	Provides guidance with respect to coverage of telehealth services.
	Bulletin No. 211	03/18/2020	<u>Directs</u> insurers to suspend all routine provider audits.
	Bulletin No. 210 Press Release	03/17/2020	Offers guidance to insurers on coverage of prescription drugs.
	Bulletin No. 209	03/06/2020	 <u>Directs</u> insurers to cover any medically necessary COVID-19 testing performed by the CDC, the Vermont Department of Health, or a laboratory approved thereby, with no co-payments, coinsurance, or deductible requirements for members <u>Directs</u> insurers to waive cost-sharing for in-network provider office visits, urgent care visits, and emergency services visits to test for COVID-19. <u>Clarifies</u> that if there are no in-network providers, out-of-network providers must be covered under Vermont law for testing.
Virginia	Press Release	03/16/2020	<u>Directs</u> regulated electric, natural gas and water companies to suspend service disconnections until the coronavirus outbreak subsides.
	Press Release	03/11/2020	Notes that most major health care insurers have waived all costs associate with testing and emergency treatment for COVID-19.
Washington	Press Release	03/11/2020	Requests that labs be mindful of what they charge in relation to COVID-19 testing.
	Emergency Order No. 20-01 Press Release FAQs Blog	03/05/2020	Orders all insurers offering coverage in the state during from March 5, 2020 – May 4, 2020 to:



State	State Resources	Date Issued	Summary
			 Cover, prior to application of any deductible and with no cost-sharing, the provider visit and FDA-authorized COVID-19 testing for enrollees who meet the CDC criteria for testing. Allow enrollees to obtain a one-time refill of their covered prescription medications prior to the expiration of the waiting period between refills so that enrollees can maintain an adequate supply of necessary medication. Ensure compliance with the state's balance billing protections.
	Blog	02/21/2020	Provides guidance with respect to coverage under travel insurance policies.
West Virginia	Bulletin No. 20-06	03/17/2020	Provides guidance on temporary producer license accessibility.
	Emergency Order	03/13/2020	 <u>Declares</u> an insurance emergency in West Virginia and <u>suspends</u> normal time frames for claim handling and settlement. <u>Orders</u> that insurers and other regulated entities continue to adjust claims as expeditiously as possible during this insurance emergency and utilize all possible methods of adjusting claims remotely, all the while striving to meet normal time frames for the adjustment and resolution of claims whenever possible.
	Bulletin No. 20-05	03/13/2020	 <u>Requires</u> insurers to cover an additional one-time early refill of any necessary prescriptions to ensure individuals have access to their necessary medications. <u>Allows</u> insurers to make formulary exceptions.
	Bulletin No. 20-04	03/13/2020	Requests assurance that all insurers having continuity of operations and preparedness plans to address any operational risks and that they are identifying, monitoring, and managing the financial risk posed by COVID-19.
	Bulletin No. 20-03	03/13/2020	Requests that insurers immediately review their telehealth or telemedicine services.
	Bulletin No. 20-01	03/09/2020	Asks insurers to take the following immediate measures:



State	State Resources	Date Issued	Summary
			 Waive any cost-sharing for COVID-19 laboratory tests and waive cost-sharing for an innetwork provider office visit, in-network urgent care center visit, and emergency room visit when testing for COVID-19. Review and ensure their telehealth programs with participating providers are robust and will be able to meet any increased demand. In the event an immunization becomes available, cover the immunization at no cost-sharing for all covered members. Make expedited formulary exceptions. Prevent balance bills (i.e., if an insurer does not have a health care provider in its network with the appropriate training and experience to meet the particular health care needs of an insured, make exceptions to provide access to out-of-network providers at in-network cost-sharing).
Wisconsin	Bulletin	03/20/2020	• <u>Encourages</u> insurers to offer flexibility to insureds who are incurring economic hardship, including offering non-cancellation periods, deferred premium payments, premium holidays and acceleration or waiver of underwriting requirements.
	Bulletin Press Release	03/15/2020	Provides guidance to insurers regarding managing corporate governance issues and filing deadlines.
	Bulletin Press Release	03/06/2020	 Requests insurers to take the following immediate measures: Waive any cost-sharing for COVID-19 laboratory and radiology testing and waive cost-sharing for a provider office visit, urgent care center visit, and emergency room visit when the basis for the visit is related to testing for COVID-19. Review and ensure their telehealth programs with participating providers are robust and will be able to meet any increased demand. In the event an immunization becomes available, immediately cover the immunization at no cost-sharing for all covered members. Make expedited formulary exceptions. Be flexible on prescription drug supply limitations and early refill limitations (i.e., allow insureds to fill and refill prescription medications for up to a 90-day supply or until the prescription expires). Prevent balance bills (i.e., if an insurer does not have a health care provider in its network with the appropriate training and experience to meet the particular health care



State	State Resources	Date Issued	Summary
			needs of an insured, make exceptions to provide access to out-of-network providers at in-network cost-sharing).
Wyoming	Bulletin 20-01	03/11/2020	 <u>Advises</u> insurers to waive any cost-sharing for laboratory diagnostic testing for respiratory syncytial virus, influenza, respiratory panel test, and COVID-19. <u>Asks</u> insurers to waive thee cost-sharing for an office visit, urgent care center visit, or emergency room visit (note, this waiver is applicable to in-network and out-of-network providers, facilities, and laboratories). <u>Encourages</u> insurers to use telehealth services instead of in-person health care services <u>and</u> liberalize telehealth benefits.