

#### Generations & Implicit Bias

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#### Why Generations?

Generations is the most important topic no one knows about

#### Second-Wave Millennials

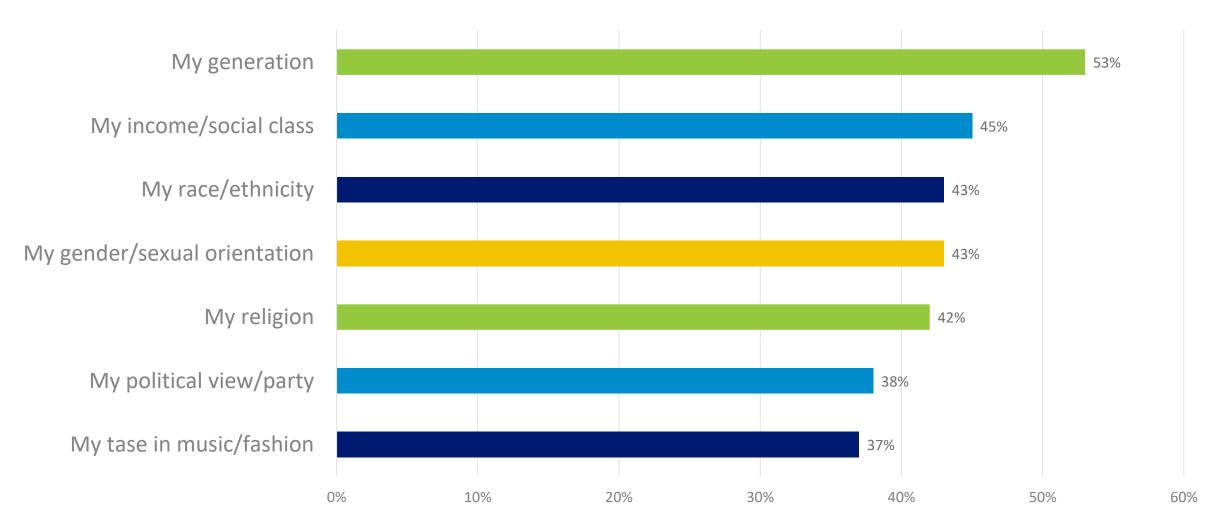
Tapping the Potential of America's Youth



WARREN WRIGHT

Foreword by Neil Howe

## Which characteristics are important in defining who I am and how I see the world?



# **Understand Ourselves** Understanding Others

#### The Generations

Generation	Strauss & How	<u>Popular Media</u>
Baby Boomer	(1943 - 1960)	(1946 - 1964)
Generation X	(1961 - 1981)	(1965 - 1979)
Millennial	(1982 - 1995)	(1980 - 1994)
Gen Z	(1996 - 2005)	(1995 - 2004)

What generation do you identify with?

#### Describe Boomers in one word



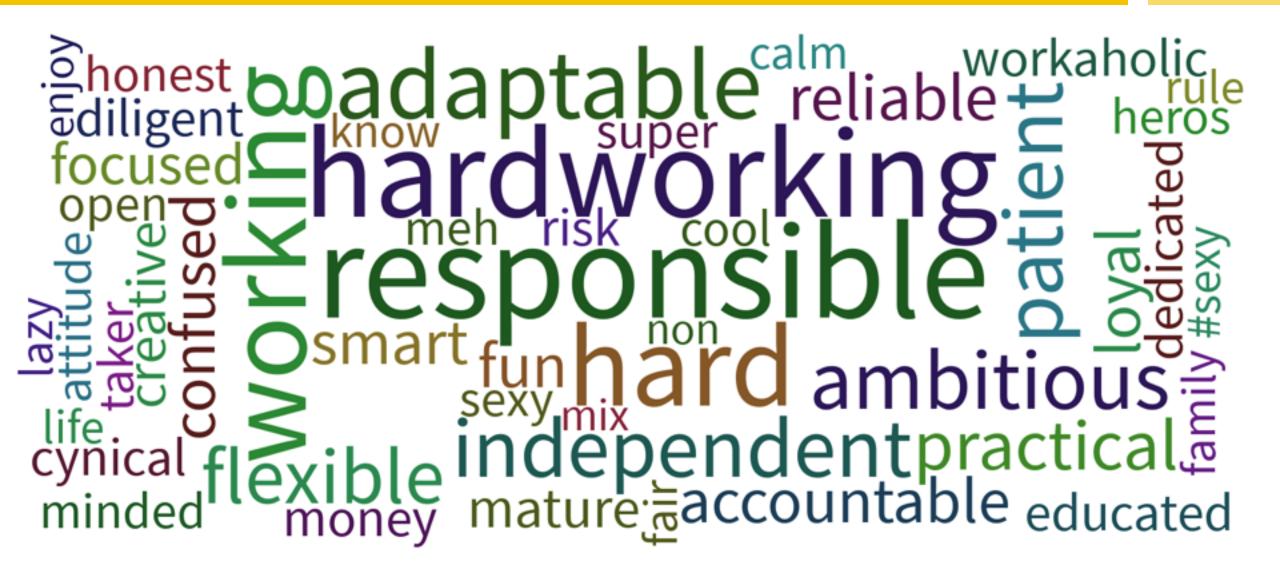
#### **Boomers**



#### Describe "Gen X" in one word



#### Gen X



# Describe "Millennials" in *one* word



#### Millennials

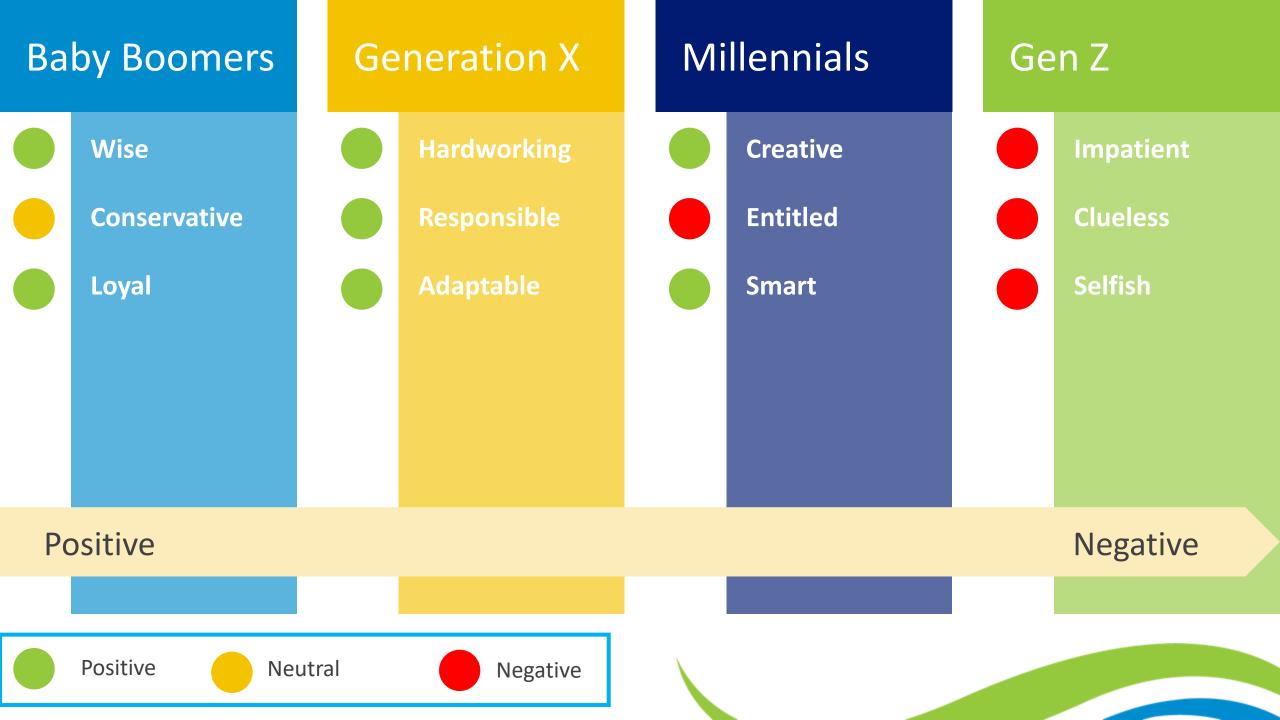


#### Describe "Gen Z" in one word



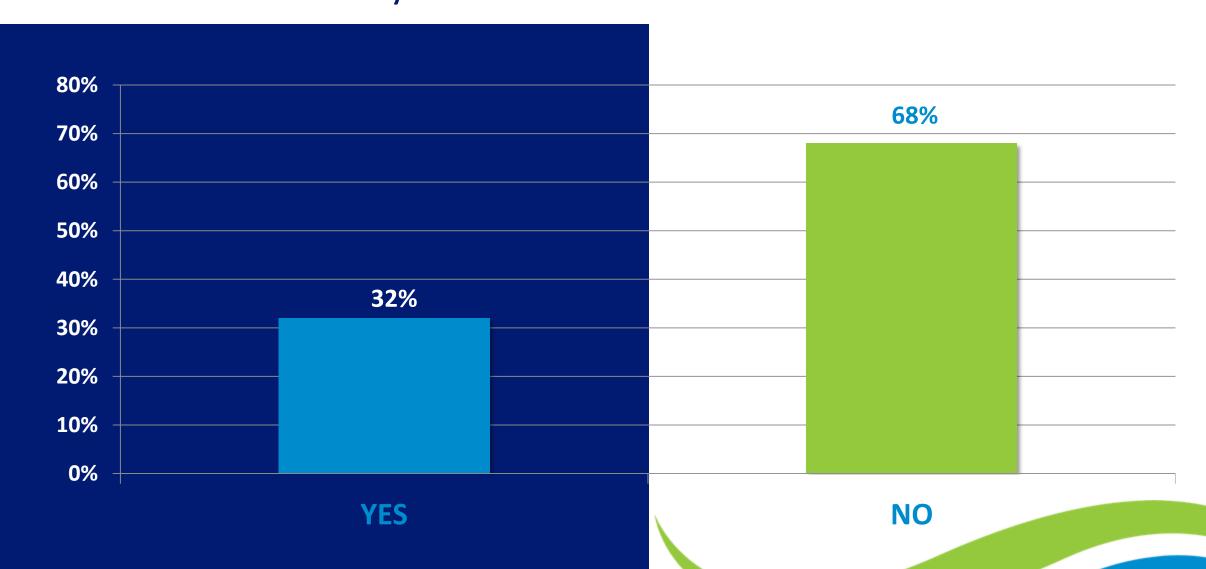
#### Gen Z





#### What Boomers & Xers Think of Millennials

"I view them favorably"

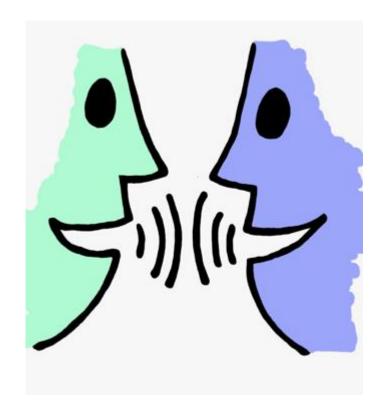








#### Discussion



 Reflect for a minute and enter response in chat (5-min.):

- What is your generation?
- What have you personally experienced or seen regarding generational bias in the workplace or in your life?



We don't see the world as it is, we see it as we are

# Components : of Implicit : Bias :

- Perceptions we have about other people
- Based on influences of past experiences
- Conclusions reached about groups or ethnicities
- Unconscious

#### Implicit Bias

- Triggered automatically through rapid association of people and our attitudes and stereotypes about them
- It may run contrary to our stated beliefs and attitudes. We can say we believe in equity (and truly believe it). But then we behave in ways that are biased and discriminatory.

#### Implicit Bias

When people act based on prejudice and stereotypes without intending to do so.

Note - People can act based on the biases adopted by their culture.



#### Bias v. Stereotype

**Bias** is a personal preference, like or dislike that interferes with the ability to be impartial, unprejudiced, or objective.

**Stereotype** is a preconceived idea that attributes certain characteristics (in general) to all the members of class or set.

If you think that all Asians are smart, or White men can't dance, that is a <a href="mailto:stereotype">stereotype</a>.

But if you hire an Asian for a job that also has an equally qualified Black applicant because you think Blacks are not as smart as Asians, you are **biased**.

#### Bias may be subtle, but it has impact

- Implicit bias impacts how we view the world and those around us
- Everything we do impacts others
- How much impact our bias has depends on how much power we have on decisions that affect others



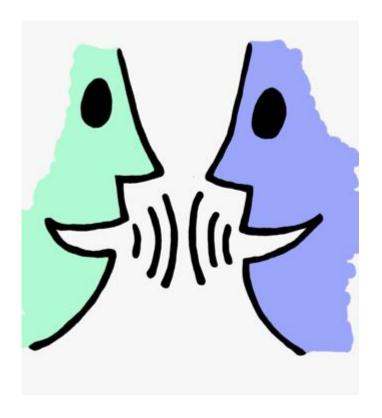
#### Origins of Implicit Bias

- Tribes became cultures. Cultures also need to survive. Over time, they create their own biases around their:
  - Fears
  - Needs
  - Interests

We are now civilized,
but biases are embedded in our brain

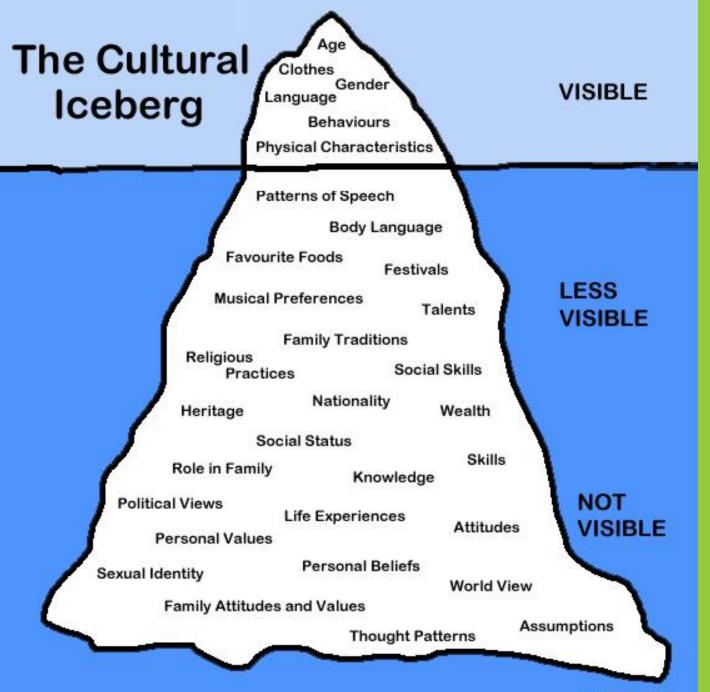


#### Discussion



 Reflect for a minute and enter response in chat (5-min.):

- Have you experienced bias in your life?
- Has that bias affected you in any way?







**AKGTC 2018** 

#### Values







Personal

Shared Values = Culture

#### Workplace Values

#### **Work-Centric**



**Work-Life Balance** 

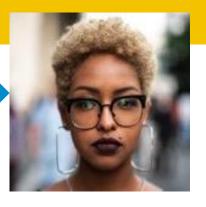


Hands Off

Hands On

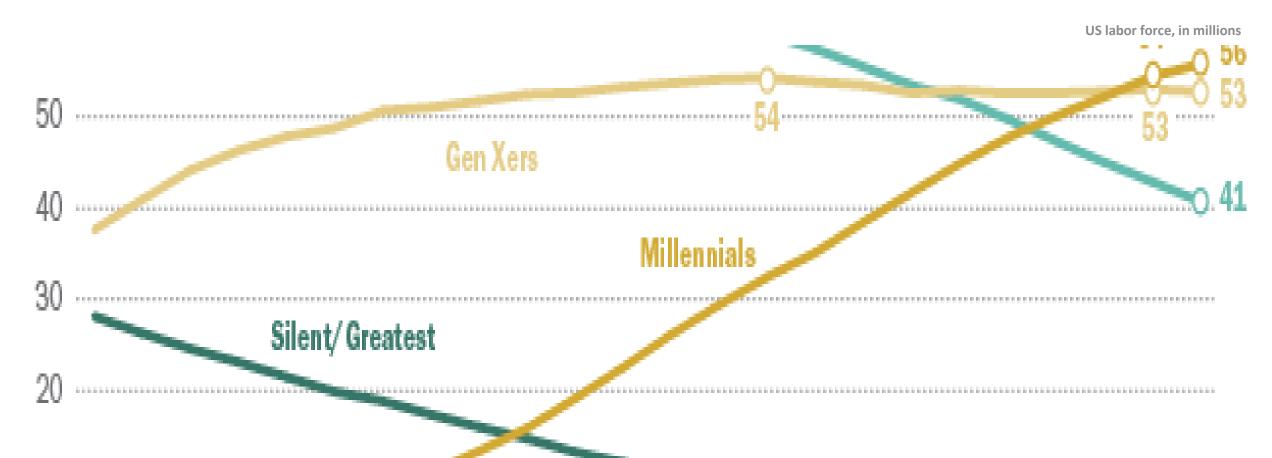


**Work-Life Integration** 

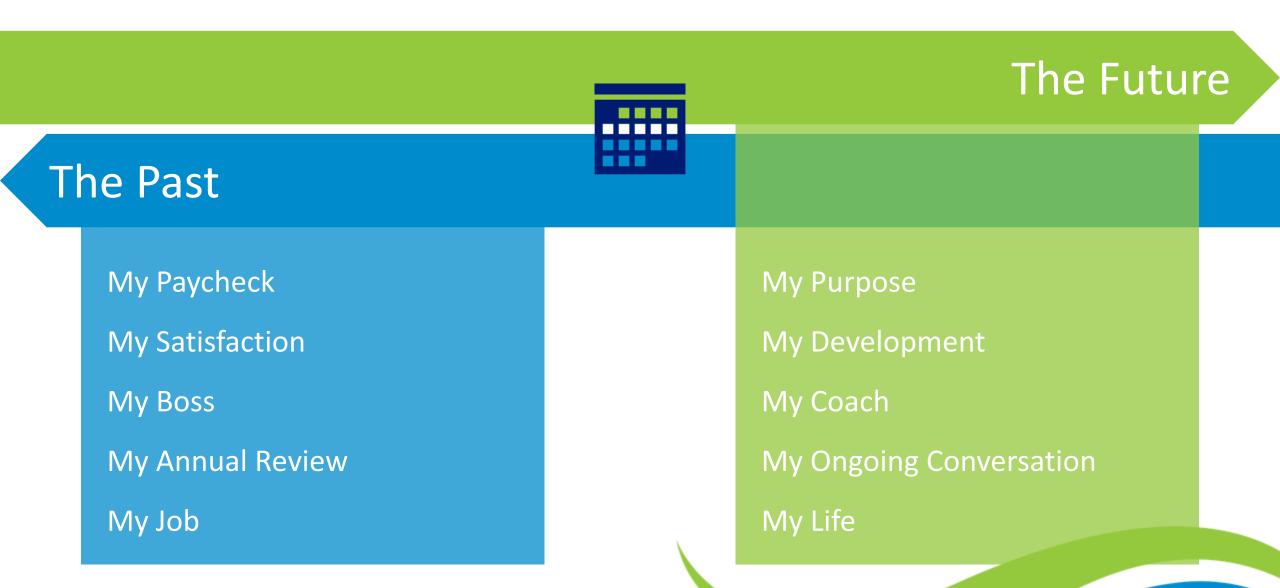


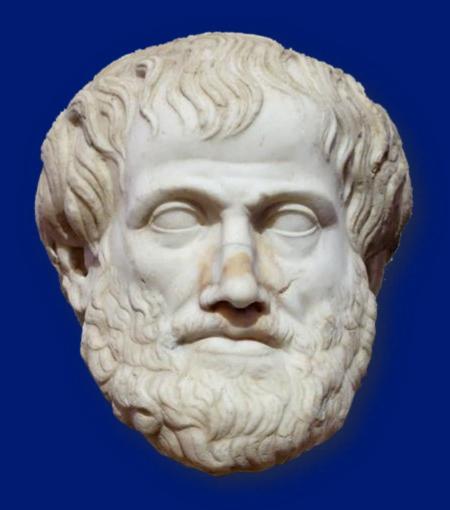
**Skill Building** 

## Millennials became the largest generation in the labor force in 2016



#### What Employee Value in The Future of Work





"Generations are shaped by history, and then history is shaped by generations."

Aristotle





# Story of 4 Generations

**How Generations Are Formed** 



## HIGH SCHOOL SWEETHEARTS IN "THE BIG STEP"

LET'S GET MARRIED FIRST



LET'S GET STONED FIRST



LET'S GET TESTED FIRST



LET'S DO NATIONAL SERVICE FIRST

5



1950

1970

1990

2010

#### **Boomers**

1943 – 1960

59 – 76 Years Old



**Historical Events/Raised** 

Sputnik Woodstock Women's Lib

Adored Child Free-time

Values

Idealism Individualism Work-Centric

Slogan



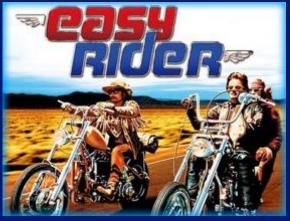
## **Boomer Coming of Age**

Dave









## **Boomers Coming-of-Age Priorities**

Idealism



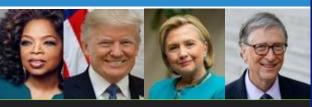
Individualism



#### **Boomers**

1943 - 1960

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Adored Child Free-time

Values

Idealism Individualism Work-Centric

Slogan



# The Boomer **Brand**Dave



#### **Being the Boss**



If it ain't broke, don't fix it

#### **Boomers**

1943 – 1960

59 – 76 Years Old



**Historical Events/Raised** 

Sputnik Woodstock Women's Lib

Adored Child Free-time



## **Attitude Toward Work**

**Dave** 





Work-Centric

(Dave will <u>never</u> leave his desk)





## Collaborating with the Baby Boomers

- Be patient with techno-literacy
- Offer "reverse mentoring"
- Be mindful of hierarchy, authority
- Respect their expertise
- Use old school communication- phone and email



Work Attitude: Work-Centric

#### **Generation X**

1961 – 1981

38 - 58

Years Old



**Historical Events/Raised** 

Watergate Reagan AIDS Crisis

Ignored Child Latch-Key Kid

Values

Pragmatism Self-Reliance Results-driven

Slogan

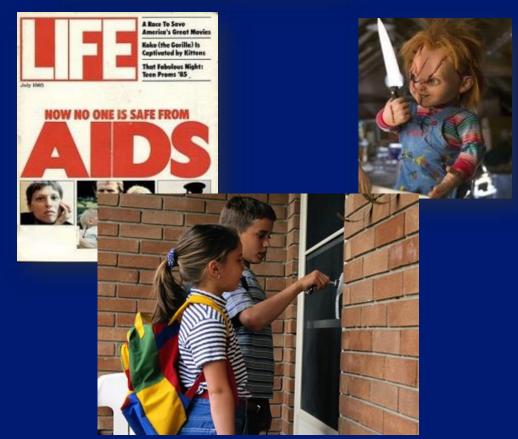
**JUST DO IT.** 

## **GenX Coming of Age**

#### Jennifer





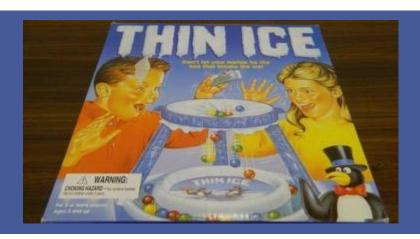


## Gen X Coming-of-Age Priorities

Survival

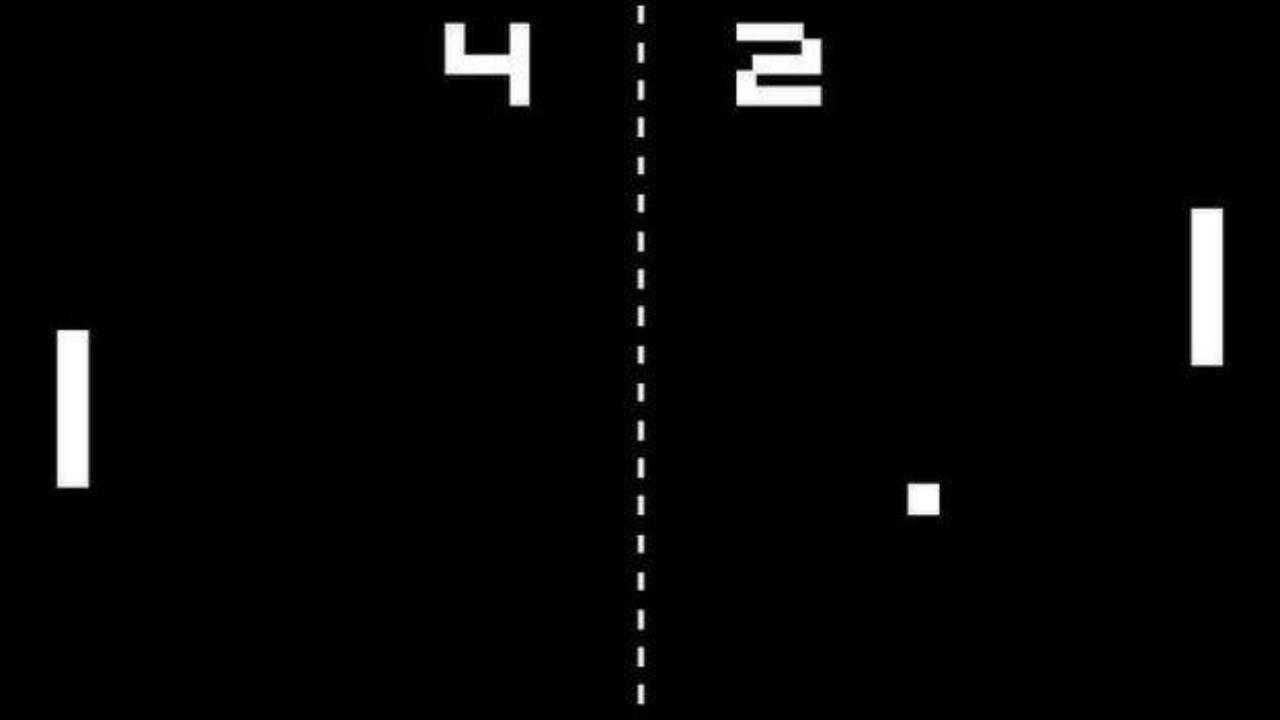


Competition









#### **Generation X**

1961 – 1981

38 - 58

Years Old



**Historical Events/Raised** 

Watergate Reagan AIDS Crisis

Ignored Child Latch-Key Kid

Values

Pragmatism Self-Reliance Results-driven

Slogan

JUST DO IT.

## The Generation X Brand

**Jennifer** 



DIY



- Pragmatism
- Do What's Necessary

#### **Generation X**

1961 – 1981

38 - 58

Years Old



**Historical Events/Raised** 

Watergate Reagan/Thatcher AIDS Crisis

Ignored Child Latch-Key Kid

#### Values

Pragmatism Self-Reliance Results-driven



#### **Attitude Toward Work**

#### **Jennifer**





Work-Life Balance



## Collaborating with Generation X

- Get to the point
- Focus on results, not process
- Don't underestimate their digital skills
- Keep meetings focused and purposeful
- Family-friendly work policy





Work Attitude: Work-Life Balance



Boomers and Generation X





Write in chat

#### **Millennials**

1982 – 1995

25 – 38 Years Old



**Historical Events/Raised** 

9/11 Great Recession Columbine

Hands-on Parents Barney Dinosaur

**Values** 

Digital Native Risk-Averse Purposeful

Slogan

**Friend Me** 

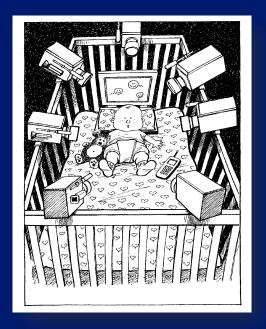


## Millennial Coming of Age

















## Millennial Coming-of-Age Priorities

Purpose



Community



#### **Millennials**

1982 – 1995

25 – 38 Years Old



**Historical Events/Raised** 

9/11 Great Recession Columbine

Hands-on Parents Barney Dinosaur

#### Values

Digital Native Risk-Averse Purposeful

Slogan

**Friend Me** 



### The Millennial Brand

Josh



#### Community



Work together to solve problems

## College Senior List of Ideal Employers

#### 2001

- 1. 3M
- 2. Amazon
- 3. Accenture
- 4. IBM
- 5. Walt Disney
- 6. Microsoft
- 7. Cisco Systems
- 8. BMW
- 9. Abbot Labs
- 10. Dreamworks

#### 2009

- 1. Google
- 2. Walt Disney
- 3. Apple
- 4. U.S. Dept. of State
- 5. FBI
- 6. Ernst & Young
- 7. Peace Corps
- 8. NASA
- 9. PWC
- 10. Teach for America

#### 2015

- Walt Disney
- 2. United Nations
- 3. National Geographic
- 4. Google
- 5. FBI
- 6. Peace Corps
- 7. U.S. Dept. of State
- 8. Teach for America
- 9. CIA
- 10. Apple

#### **Millennials**

1982 – 1995

25 – 38 Years Old



**Historical Events/Raised** 

9/11 Great Recession Columbine

Hands-on Parents Barney Dinosaur

#### Values

Digital Native Risk-Averse Purposeful

Slogan

**Friend Me** 



#### **Attitude Toward Work**

Josh





**Work-Life Integration** 





#### Gen Z

1996 – 2005

14 – 23 Years Old



**Historical Events/Raised** 

Parkland Global Warming COVID-19 Over-parenting Social/Emotional Learning

#### Values

Stressed Afraid to Fail Like a Plan

Slogan

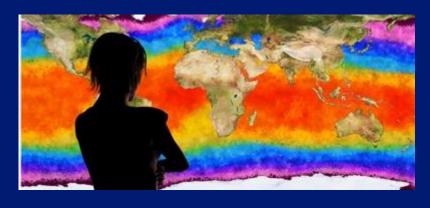
Be Kind.

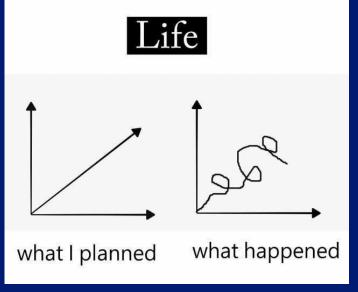


#### Samanthe







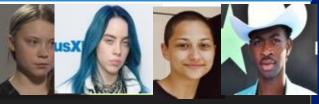




#### 2<sup>nd</sup> Wave (Gen Z)

1996 – 2005

15 – 24 Years Old



**Historical Events/Raised** 

Parkland Global Warming COVID-19 Over-parenting Social/Emotional Learning

Values

Stressed Afraid to Fail Like a Plan

Slogan

Be Kind,

## **Attitude Toward Work**

#### Samanthe





**Skill-building** 

## Collaborating with Millennials/Gen Z

- Clear ... really clear guidance
- Frequent Feedback multi-modal
- They like to know Why before What and How
- Slack, Microsoft Teams, etc.
- Frequent opportunity for "rewards"
- Take their lead on new technology solutions.
   Learn from them.



Work Attitude: Work-Life Integration



Millennials and Gen Z

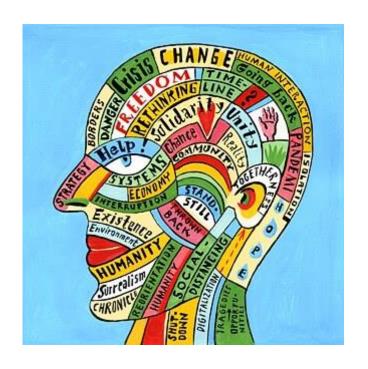




Write in chat

#### What Have We Learned?

- Each Generations is shaped by the predominate culture and values during its coming of age period
- The way we see the world is based on our experiences
- Our experiences create biases
- These biases are often unconscious
- These biases have consequences in society and work





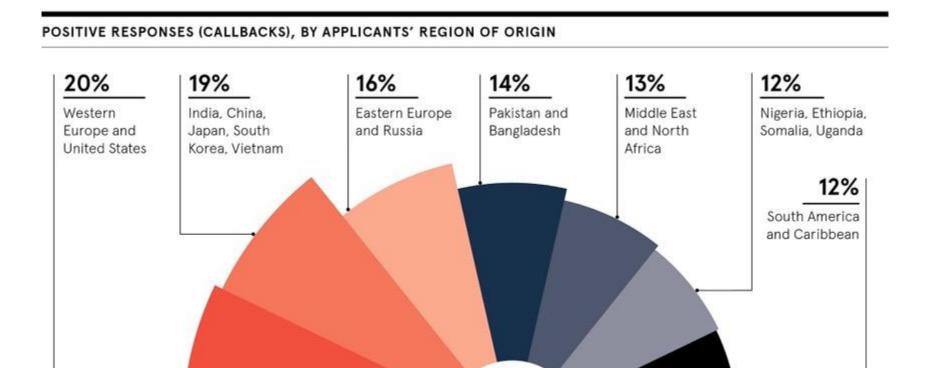
# What is Your Implicit Bias?

The Implicit Assessment Test

https://www.youtube.com/watch?v= cykcpqSpVZo

## **Examples of Implicit Bias**

Resumes with ethnic-sounding names are pushed down in the selection for interviews



## **Examples of Implicit**

#### Bias

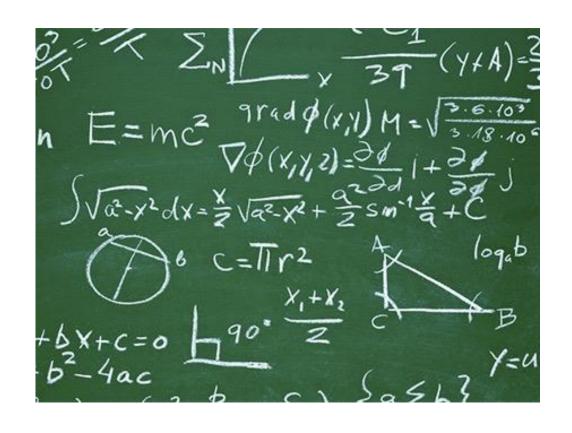
- Women are more frequently interrupted in business meetings
- Teachers call on boy students more often
- Girls are not encouraged to go into STEM careers





## **Examples of Implicit Bias**

- Asian candidates are given priority positions requiring math and science
- Multi-generation Asian-Americans are often asked where they were born



## How Inequities Happen

Life
Experiences,
exposure to
media, cultural
norms

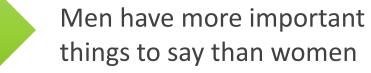
#### **Implicit Bias**

Minorities are less qualified



#### **Inequity**

The act of pushing the resume to the side





Actively disregard female colleagues by speaking over them

Math skills are dominant for Asians



Choosing Asian for a job over non-Asians

## Steps to Overcome Implicit Bias

- Find out your natural orientation toward bias (take the IAT or other test)
- Take an in-depth course that identifies and challenges your biases. Learn to
  - Identify the situations when implicit biases impact your behavior
  - Be friendlier and act less threatened when interacting with people you perceive as different
- Spend more quality time with people you might be biased toward
- Educate yourself on the effects of bias on the people around you

## Steps to Overcome Implicit Bias

- Expose yourself to media that aims to break down prejudice and discrimination
- Be intentional about accepting people as individuals and not applying their qualities to the whole group they represent
- Read about all the different "ism's" (sexism, racism, etc) and reflect on your own attitudes
- Become more self-aware

## What is your implicit bias with...?

Age Weight
Race Sexuality
Religion Skin tone



- The Implicit Assessment Test
- https://www.youtube.com/watch?v=cyk cpqSpVZo

## Implicit Bias as the Source of Culture Clash

Psychologists once believed that only bigoted people used stereotypes. Now the study of implicit bias is revealing the unsettling truth: We practice bias, all the time, without knowing it.



## Breaking the Cycle

"Promising evidence in social cognitive psychology indicates that with sufficient motivation, cognitive resources, and effort, people are able to focus on the unique qualities of individuals, rather than on the groups they belong to, in forming impressions and behaving toward others."

From Reducing Racial Bias Among Health Care Providers: Lessons from Social-Cognitive Psychology





# Thank You!

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